

CERTIFICATE OF PARTICIPATION

This is to certify that

Colin Mpembe

Has successfully participated & completed the
5km Shift Wellness - Trail Run, The Shift Series
held at Walter Sisulu Garden.

TIME 00:52:48

PACE 10:33/km
OVERALL 47 of 97

GENDER 23 of 31
OPEN 12 of 15

23 June 2019, Sun

Date



BoutTime

Signature

